



FREE SAMPLER

10 Free ChatGPT Photo Prompts

Turn one selfie into professional-looking photos

Upload a clear photo of yourself to ChatGPT, paste a prompt, and get a headshot, a golden-hour portrait or a travel photo that still looks like you. These 10 come from our full collection of 200.

HOW TO USE

3 quick steps

- 1 Open ChatGPT, start a new chat and upload a clear, well-lit photo of yourself.
- 2 Copy one of the prompts below and send it. Each one ends with a face-lock line that keeps your face, skin tone and hair the same.
- 3 Not quite right? Reply: "Keep my face exactly identical to my original photo and try again."



#1 • PROFESSIONAL HEADSHOTS

Turn my photo into a professional corporate headshot. Navy blazer over a white shirt, soft grey studio background, soft key light from the left, shoulders angled slightly, confident friendly smile, 85mm lens, shallow depth of field. Keep my face, facial features, skin tone and hairstyle exactly as in my photo. Photorealistic, natural skin texture, no beauty filter.



#11 • AESTHETIC INSTAGRAM PORTRAITS

Create an aesthetic Instagram portrait of me sitting by a large sunlit window, sheer curtains, warm morning light falling across my face, cozy cream knitwear, soft muted colours, candid look away from the camera. Keep my face, facial features, skin tone and hairstyle exactly as in my photo. Photorealistic, natural skin texture, no beauty filter.



#21 • GOLDEN HOUR & OUTDOOR

Create a golden-hour portrait of me in a wheat field, backlit by the setting sun, warm rim light around my hair, linen shirt, natural relaxed smile. Keep my face, facial features, skin tone and hairstyle exactly as in my photo. Photorealistic, natural skin texture, no beauty filter.



#33 • CAFÉ & CITY LIFESTYLE

Create a photo of me at a Parisian-style outdoor café table with a croissant and espresso, striped awning, morning light, relaxed elegant outfit. Keep my face, facial features, skin tone and hairstyle exactly as in my photo. Photorealistic, natural skin texture, no beauty filter.



#41 • TRAVEL DESTINATIONS

Create a travel photo of me in Santorini, Greece, standing on a white terrace with blue domes and the sea behind me, bright sunny day, summer outfit. Keep my face, facial features, skin tone and hairstyle exactly as in my photo. Photorealistic, natural skin texture, no beauty filter.



#51 • OLD MONEY & LUXURY

Create an old-money aesthetic photo of me in a cream cable-knit sweater draped over my shoulders, standing on a manicured lawn of a country estate, soft overcast light. Keep my face, facial features, skin tone and hairstyle exactly as in my photo. Photorealistic, natural skin texture, no beauty filter.



#71 • BLACK & WHITE ARTISTIC

Create a black-and-white portrait of me with high contrast, deep shadows, light falling only on half my face, intense thoughtful expression. Keep my face, facial features, skin tone and hairstyle exactly as in my photo. Photorealistic, natural skin texture, no beauty filter.



#81 • FILM, 90S & Y2K VINTAGE

Make my photo look like it was taken on a 35mm film camera in the 1990s: warm faded colours, soft grain, light leaks, slightly soft focus, casual 90s outfit. Keep my face, facial features, skin tone and hairstyle exactly as in my photo. Photorealistic, natural skin texture, no beauty filter.



#131 • COUPLES PHOTOS

Using our photo, create a romantic golden-hour couples photo of us walking hand in hand on a beach, soft warm backlight, flowing clothes. Keep both of our faces, features and skin tones exactly as in the photo. Photorealistic, natural skin texture.



#151 • CINEMATIC MOVIE STILLS

Turn my photo into a cinematic movie still: widescreen framing, teal and orange colour grade, me standing in a rainy neon-lit alley at night, dramatic mood. Keep my face, facial features, skin tone and hairstyle exactly as in my photo. Photorealistic, natural skin texture, no beauty filter.

LOVED THESE?

Get all 200 prompts

The full ChatGPT Photo Prompts book has 200 prompts in 20 styles: professional headshots, aesthetic Instagram portraits, golden hour, café and city, travel, old money, studio editorial, black and white, 90s film, seasonal, birthday, fitness, outfit swaps, couples, evening glam, cinematic, artistic, photo fixes, personal brand and cosy home. It also includes fix-it phrases, mix-and-match boosters and a searchable prompt spreadsheet.



Get the full book at mojarastudios.com